

Medi-Cal Choices

For People with Disabilities and Seniors In San Diego County

This insert can help you decide which kind of Medi-Cal is best for you.

If you live in San Diego County and are a person with a disability or a senior, you can choose to be in Regular Medi-Cal, Care 1st, Community Health Group, Health Net, or Molina Healthcare of California*.

Care 1st, Community Health Group, Health Net, and Molina Healthcare of California are Medi-Cal Health Plans. If you join one of these Plans, you still have Medi-Cal.

To learn about the Plans in your county, call

Care 1st: 1-800-605-2556

Community Health Group: 1-800-224-7766

Health Net: 1-800-675-6110

Molina Healthcare of California: 1-888-665-4621

For more information, call

Health Care Options: 1-800-430-4263

Healthy San Diego: 1-619-515-6584

Regular Medi-Cal: There is no phone number to call.

Please look inside for more useful phone numbers.



Your Medi-Cal Choices in San Diego County:

- Use this chart to compare your Medi-Cal Choices.
- If you want to join Care 1st, Community Health Group, Health Net, or Molina Healthcare of California, call **Healthy San Diego** at **1-619-515-6584** and ask for an enrollment packet. You can also visit www.healthysandiego.org.
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal	
	Care 1 st 1-800-605-2556 www.care1st.com	Community Health Group 1-800-224-7766 www.chgsd.com
Basic Services		
Basic Medi-Cal Benefits	Same	Same
24-Hour Advice Nurse	Yes	Yes
Customer Service Phone Hours	Mon–Fri 8 am–6 pm	7 days a week 24 hours
Interpreter Services	Yes	Yes
To Get a List of Covered Drugs	1-800-605-2556	1-800-224-7766
Costs to You		
Cost for Doctor Visits	\$0	\$0
Cost for Drugs	\$0	\$0

Useful Phone Numbers

Denti-Cal

For information about dental care that is covered by Medi-Cal for people under age 21

San Diego County Aging and Independence Services

For information and referrals to many services for people with disabilities and seniors

San Diego County Adult and Older Adult Mental Health Services

For information about Mental Health Services

Alcohol and Drug Programs

For help with alcohol and drug problems

California*, call **Health Care Options** at **1-800-430-4263**
to enroll over the phone.

Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
Health Net 1-800-675-6110 www.healthnet.com	Molina Healthcare of California 1-888-665-4621 www.molinahealthcare.com		
Same	Same	Same	p. 6
Yes	Yes	No	p. 12
7 days a week 24 hours	Mon–Fri 7 am–7 pm	None	p. 33
Yes	Yes	Call your doctor or clinic.	p. 28
1-800-675-6110	1-888-665-4621	Ask your doctor or pharmacist.	p. 14
\$0	\$0	\$0	p. 8
\$0	\$0	\$0–\$1	p. 8

Some people with Medi-Cal have Kaiser Medi-Cal Health Plan. In San Diego County, Kaiser is only available for a limited amount of people. This includes people who have had coverage through Kaiser in the past 6 months or have an immediate family member currently enrolled in Kaiser.

1-800-322-6384
1-800-339-4661
1-800-479-3339
1-800-479-3339

Hospitals you can go to for medical care are listed below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-800-479-3339.

Care 1st

- Rady Children's Hospital
- Paradise Valley Hospital
- Scripps Green Hospital
- Scripps Memorial Hospital—Encinitas and La Jolla
- Scripps Mercy Hospital—Chula Vista and San Diego
- Sharp Chula Vista Medical Center
- Sharp Coronado Hospital
- Sharp Grossmont Hospital
- Sharp Memorial Hospital
- Tri-City Medical Center

Community Health Group

- Fallbrook Hospital
- Palomar Medical Center
- Paradise Valley Hospital
- Pomerado Hospital
- Rady Children's Hospital
- Scripps Green Hospital
- Scripps Mercy Hospital—Chula Vista and San Diego
- Scripps Memorial Hospital—Encinitas and La Jolla
- Sharp Chula Vista Medical Center
- Sharp Coronado Hospital
- Sharp Grossmont Hospital
- Sharp Mary Birch Hospital for Women
- Sharp Memorial Hospital
- Thornton Hospital
- Tri-City Medical Center
- UCSD Medical Center

Health Net

- Alvarado Hospital Medical Center
- Palomar Medical Center
- Pomerado Hospital
- Promise Hospital of San Diego
- Rady Children's Hospital
- Scripps Green Hospital
- Scripps Mercy Hospital—Chula Vista and San Diego
- Scripps Memorial Hospital—Encinitas and La Jolla
- Sharp Cabrillo Hospital
- Sharp Chula Vista Medical Center
- Sharp Coronado Hospital
- Sharp Grossmont Hospital
- Sharp Memorial Hospital
- Tri-City Medical Center
- UCSD, Hillcrest

Molina Healthcare of California*

- Fallbrook Hospital
- Rady Children's Hospital
- Scripps Mercy Hospital
- Sharp Chula Vista Medical Center
- Sharp Coronado Hospital
- Sharp Grossmont Hospital
- Sharp Mary Birch Hospital for Women
- Sharp Memorial Hospital
- Tri-City Medical Center

Regular Medi-Cal

- Alvarado Hospital Medical Center
- Fallbrook Hospital
- Naval Hospital
- Palomar Medical Center
- Promise Hospital of San Diego
- Rady Children's Hospital
- Scripps Memorial Hospital
- Scripps Memorial Hospital—Chula Vista, Encinitas and La Jolla
- Scripps Mercy Hospital—San Diego
- Sharp Chula Vista Medical Center
- Sharp Coronado Hospital
- Sharp Grossmont Hospital
- Sharp Mary Birch Hospital
- Sharp Memorial Hospital
- Tri-City Medical Center